



DR. ALISSA ELLIS
NEUROPSYCHOLOGIST

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About Dr. Ellis

Dr. Alissa Ellis is the founder and director of Ellis Effect psychological group. She is a clinical neuropsychologist with expertise in psychodiagnostics and treatment for children, adolescents and adults with mood disorders, anxiety disorders, and ADHD. She offers a unique and empirically supported perspective to develop individualized treatment plans tailored to the client and the family. Dr. Ellis is the founder of the thinkSMART® program, a novel treatment for weaknesses in executive functioning.

Dr. Ellis decided to pursue a Ph.D., with a heavy emphasis in research, from one of the top clinical psychology programs in the country, the University of Texas at Austin. She completed a dual post-doctoral fellowship in neuropsychology and child and adolescent psychology from UCLA, where she currently is on faculty in the department of psychiatry.

Services



Psychodiagnostic Assessment

Thorough assessment of current psychological difficulties using standardized instruments, record review, and client interviews.



Treatment

Using a cognitive-behavioral approach, treatment for mood, anxiety, attention, and trauma/stress disorders.



Consultation

Consultation to clarify diagnosis, aid treatment planning, and develop a roadmap for future action.



Neuropsychological Assessment

For more information, please contact:
admin@neurobehaviorservices.com.



thinkSMART® and Executive Functioning Coaching

One-on-one coaching to improve areas of executive functioning through our thinkSMART@home program or our thinkSMART® Jr. Program.

Speaking

Dr. Ellis has been featured in

UCLA

Journal of the American Academy of
CHILD & ADOLESCENT
PSYCHIATRY

NEUROPSYCHOLOGIA

PSYCHOPHYSIOLOGY

and more!

Dr. Alissa Ellis is available for keynotes, lectures, workshops and team building retreats to help your audience learn key skills in:

- **Do's and Don'ts of Depression**
- **Tackling Your Anxiety Head-on**
- **Increasing Motivation**
- **Improving Productivity and Efficiency**
- **Building Grit and Resilience**
- **Simplifying Organization**
- **Fueling Work Productivity**
- **Balancing Work and Life**
- **Recognizing When Someone in Your Life Needs Help**
- **Making the Most of Your Day and Your Potential**
- **Managing Your Child's ADHD at Home**
- **Family Routines That Help Your Child Grow**
- **How to Ride the Waves of Stress**